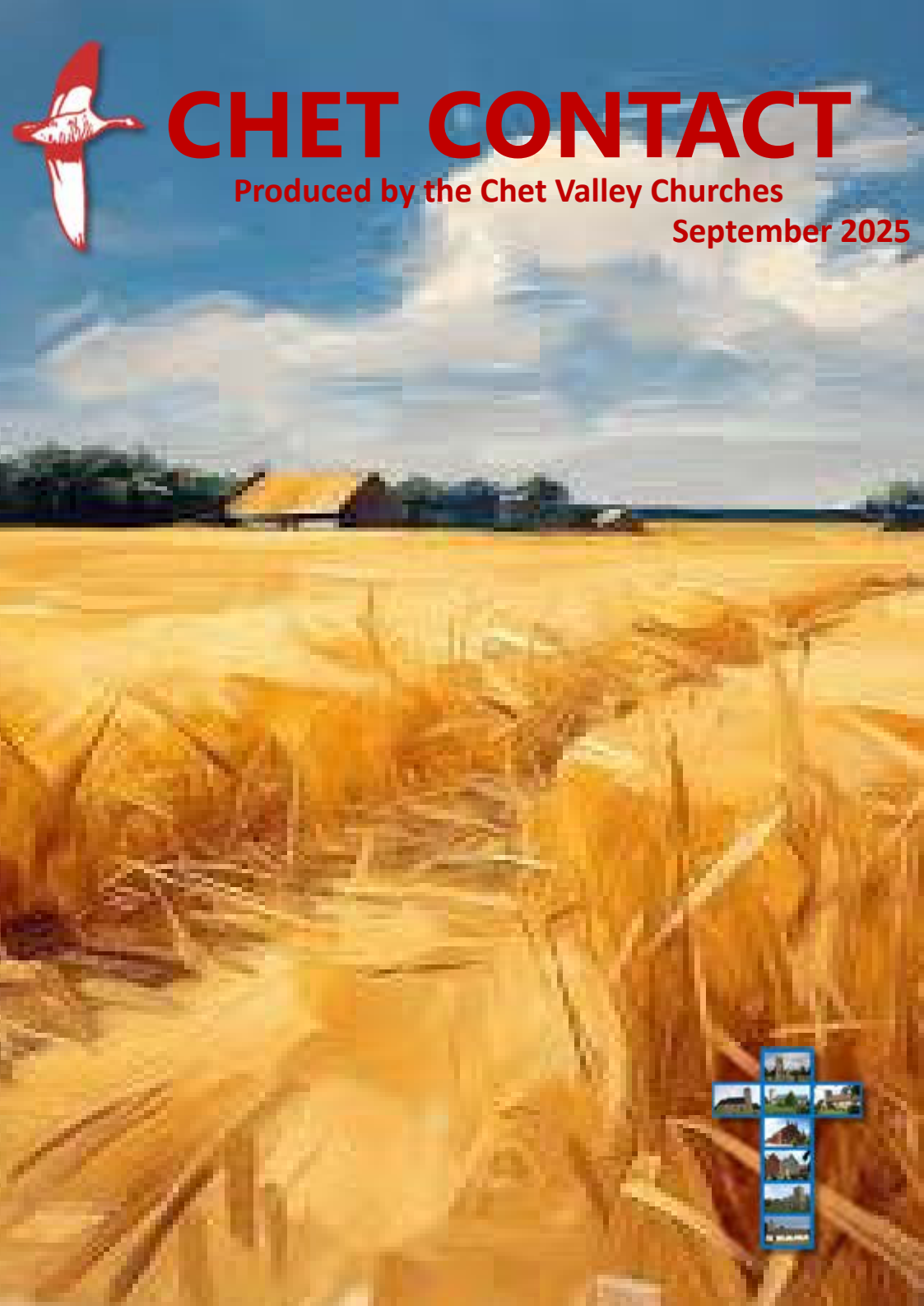




# CHET CONTACT

Produced by the Chet Valley Churches

September 2025



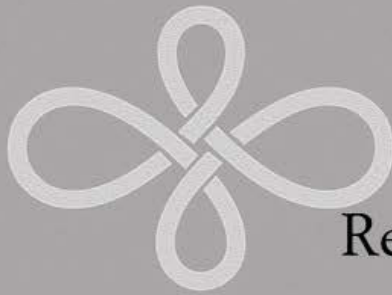


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# Chet Valley Churches Information

## Clergy

Miriam Fife:	07593 163920	<a href="mailto:rector.cvb@gmail.com">rector.cvb@gmail.com</a>
Jill Haylock:	01508 520248	<a href="mailto:jillhaylock@aol.com">jillhaylock@aol.com</a>
Ros Hoffmann:	01508 548200	<a href="mailto:roshoffmann2011@gmail.com">roshoffmann2011@gmail.com</a>
Martin Keenan:	01502 560178	<a href="mailto:martin.keenan@methodist.org.uk">martin.keenan@methodist.org.uk</a>



To arrange a wedding, funeral or interment of ashes, baptisms and thanksgivings please contact Rev Miriam.  
For prayer requests and home communion please contact Rev Ros.  
Postal address: St John's Chapel, George Lane, Loddon NR14 6NB.  
Phone: 01508 520897, Email: [website.chetvalleychurches@gmail.com](mailto:website.chetvalleychurches@gmail.com)  
This phone and e-mail account are also being monitored regularly.

## Church Websites

Chet Valley Churches	<a href="http://www.chetvalleychurches.org">www.chetvalleychurches.org</a>
The Diocese of Norwich	<a href="http://www.dioceseofnorwich.org">www.dioceseofnorwich.org</a>



## Chet Contact

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**Copy Deadline** is always noon on the 8<sup>th</sup> of the month; earlier submission is welcome. We have to deliver to the printer on the 9<sup>th</sup> of the month.

Email submissions to [c.magazineloddon@gmail.com](mailto:c.magazineloddon@gmail.com).

Please include your name and telephone number.



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## Disclaimer

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## From the Editor

Back to school, college, university - they are now all just looming over the horizon! Forget the holidays, back to work and of course it's not just the students, it's all the families and friends that make up all the little communities, that in turn make up our larger community. So much to do, new friends and colleagues to meet and new goals to achieve.

Best of luck to everyone!!

Even those of us in the "past employment" sector have our own targets of course, largely revolving around supporting all those in the sectors listed above in one way or another. Sorry, I have no shame—I am going to mention it and she can whack me for it later—it includes my granddaughter on her way to Cambridge! There are odd occasions when one's neutrality as editor is trumped by pride. I'm sure there are many of you equally proud of those close to you for many reasons and let us wish them all every good fortune for the future. Meanwhile, various updates in our pages for clubs and groups and ads for events during September. Enjoy it all!

Roger



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## Ministerial Musings

"Hope springs eternal". The words originate from Alexander Pope's poem *An Essay on Man*, published in 1732. It is a well-known and widely used proverb meaning that people will always hold onto hope, even in the face of adversity. It is often overwhelming to see and hear of so much pain and horror in the world on TV, social media and in the newspapers. Holding on to hope is a challenge for many people trying to cope with daily struggles, such as living with the effects of illness, pain, poverty, or caring for loved ones who are ill or disabled. Seeking support at difficult times will bring perspective and encouragement. Being grateful for the little things in each day helps, also taking a walk in a garden, a nature reserve or beside the sea, can lift our spirits. Helping others in difficulty, even in small ways, will have a positive effect and boost our own sense of wellbeing.

Hope is being able to see that there is light despite the darkness. For Christians hope is viewed as trust in God's promises and a belief that good will ultimately prevail. This hope and trust is a valuable source of strength, enabling individuals to face challenges with courage and faith. Our hope is in God as taught by Jesus Christ, the light of the world who calls us to be lights for others. In the Bible, reading from Matthew Chapter 11 verses 28 - 30 Jesus' words are, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light".

Hope is a powerful force. It is a gift, inspiring us to believe in a better future for ourselves and all people. We thank God for those who are working to bring relief and comfort to those who suffer so much, showing glimpses of grace in the darkness of despair. We pray that nations and the leaders of the world will be guided to work towards peace. We pray that hearts will be generous and compassionate, that our communities will be places of peace and goodwill.

God of hope.....      Through your lens the world looks different,  
Where I see despair you see hope,  
Where I see discouragement you see potential,  
Where I see pointlessness you see purpose,  
As I grow closer to you  
Give me the view through your lens. Amen

**Rev. Jill Haylock**



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# Across the Chet Valley Churches

## Worship in the Chet Valley



**You are welcome to join us at any of our services**

**Holy Communion** is celebrated every Sunday at one or other of the Chet Valley Churches: either Book of Common Prayer (BCP), Common Worship, informal or Celtic style. See weekly news sheets for details.

**Morning Worship** is held regularly in Loddon and Hardley.

**Evening Prayer** (BCP) is on the third Sunday of the month in Sisland.

**Café Church** is on the first Sunday of the month at All Saints Chedgrave. This is a relaxed and contemporary way of 'doing church'. Open between 10:00am and 12.00 you can join in with as much or as little as you wish; every session will be a variety of coffee, cake, discussion, crafts, games, stories, reflection and song, suitable for all ages.

**All Together Worship** is on the third Sunday every month at All Saints, Chedgrave, starting at 11:00am. January, March, June and September are followed by a shared lunch. The service is designed to be as inclusive as possible: a mixture of formality and informality; traditional and modern; activity and stillness. We hope it will have points of contact with people of all ages and all backgrounds.

**Last Sunday Praise** is held on the last Sunday of the month in Loddon: Join us as we sing and pray together in this informal service of Contemporary Worship. *In Loddon and Chedgrave there is the chance to enjoy a chat over refreshments after services. There are toilets and baby-changing facilities at St John's, Loddon and All Saints, Chedgrave.*

*Families are welcome at all of our services.*

**Home Communion:** If you would like home communion, because you are unable for any reason to get to a Sunday service, please contact one of the clergy.

***Times and details of the services can be found in the centre pages of the magazine.***



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## Church Groups

### Friends and Neighbours

If you've been widowed or have lost your life partner join us at St John's Lecture Hall on the **first Thursday of the month**. Make new friends, enjoy tea or lunch together.

### Future Meetings:

4th September at the Lecture Hall.  
Lunch at 12.30pm, followed by a speaker telling us about work with Mini Donkeys.

To join the group, please ring Rev Jill on 01508 520248.

### Monday Mardles

If you like a relaxed and informal chat with others or are looking to meet some new friends, join us at a Monday Mardles for refreshments and to swap books at Chedgrave Church Rooms.

Mardles are held **every Monday 10:00am-12:00 noon**. Come and go as you choose. You will be made very welcome.

*('Mardle'—in Norfolk it means a good old natter!)*



### Small Groups

Some of us like to meet during the week in small groups where we can enjoy each others' company, study the Bible together and pray for one another and for others.

Those who attend find their small group a real help and support.

To join or just to know more, please contact Rev Miriam on 07593 163920.



### Noah's Ark

A drop-in group for babies, toddlers and their parents and carers at St. John's, George Lane, Loddon.

**Wednesdays: 9.15am—12 noon**

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For further details please call - Rev Miriam 07593 163920 or email: rector.cvb@gmail.com

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## From the Parish Registers

### Baptisms & Thanksgivings

*Heavenly Father, we praise you for all children.  
Surround them with your blessing that they may know your love,  
Be protected from evil, and know your goodness all their days.*

### Funerals

**Jean Crowe** who died on 3rd July 2025

.... Funeral: 31st July 2025 at Waveney Crematorium

**Brian Kinnair** who died on 26th June 2025

Funeral: 7th August 2025 at All Saints, Chedgrave....

*Since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him those who have died. So we will be with the Lord for ever. 1 Thessalonians 4:14, 17b*

### Weddings

**Holly Bailey & Ben Southgate**

2nd August at Holy Trinity Church, Loddon

**Angie Easter & Carl Rush**

9th August at St. Mary's Church, Sisland

**Nina Hobbs & Adam Barker**

9th August at All Saints Church, Chedgrave

To arrange a thanksgiving or baptism (christening), weddings, or funerals or interment of ashes at one of our churches or at the crematorium, contact Rev Miriam on 07593 163920 or [rector.cvb@gmail.com](mailto:rector.cvb@gmail.com).

## 4C ~ 4C ~ 4C ~ 4C ~ 'FOUR C'?

### WHAT'S THAT ALL ABOUT?

'4C' is the name our young people have given to the Friday Youth Group which meets in St John's Loddon in term time, 4.30 – 6.00pm.

Working with Youth For Christ. We 'foresee' them designing a new logo for themselves, having fun, asking questions, exploring Christian faith through games, media, discussion and more, including all their 4C's (come along to find out what they are!)

**Open to all Y6 – Y11 students**

£2 per person; £3 for two or more from the same family. To join contact Rev Miriam on 07593 163920 or Gary Watson at [gwatson@norwichyfc.co.uk](mailto:gwatson@norwichyfc.co.uk).

**First session—Friday 12th September; come along to sign up for an exciting outing planned for September 19th!**



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By now, disruption on the A146, while new bus stops are installed and the footpaths built, should have ceased. I know how annoying roadworks can be and apologise for any inconvenience caused, however if we want improvements, we have to endure some pain whilst they are being built.

The unfortunate consequence of this (despite doing it during the school holidays when there is less traffic) is that many more vehicles have chosen to rat run through Loddon and Chedgrave to avoid the traffic lights. Many of them totally ignoring the 20mph speed limit. It is so disappointing, sticking to the speed limit would hardly make any difference to someone's overall journey but would make it so much safer for pedestrians.

I asked the police to attend to see if that would help (once the word got out that there was a chance of being caught). It had some effect, but they can't be here all the time. I'm asking again, please slow down through the built-up areas, there really is no need to use our roads like a racetrack.

If you have any issues or I can help in any way, please contact me at [kay.masonbillig.cllr@norfolk.gov.uk](mailto:kay.masonbillig.cllr@norfolk.gov.uk)

**Kay Mason-Billig**

I'd like to begin by saying how delighted I was to be able to successfully work with the team from the Jubilee Hall to secure very significant funding for this important local asset. I'd also like to reiterate my congratulations to Carol Webb, for being deservedly awarded the Freedom of Loddon this year. Carol joins a long list of people who have worked hard to make our fantastic community even better. Congratulations also to our local hero Ellie Bishop, who has been signed as a professional player by Norwich City. We're continuing our important work at the South Norfolk Scrutiny Committee, exploring a range of areas on behalf of the residents of South Norfolk. Members of the public are very welcome to attend these meetings, or watch them live – or at a later date – on YouTube.

The next of my regular surgeries is in the Library, **27 September 2pm**. Please come down if there's anything I can support you with, or, as ever, give me a ring on 07733323581.

Finally, having worked with another brilliant local group to secure them some funding directly from South Norfolk, I have £200 remaining from my District Councillor's Member's Grant. Please get in touch if your local group needs a financial boost.

**Jeremy Rowe**

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## Chedgrave Parish Council

All enquiries please contact the Parish Clerk: Hayley Goldson.  
Tel: 07592 933174 Email: [clerk@chedgraveparishcouncil.gov.uk](mailto:clerk@chedgraveparishcouncil.gov.uk)  
Website: <https://chedgraveparishcouncil.gov.uk/>  
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**Chedgrave Parish Council held its meeting on 3<sup>rd</sup> July 2025 and but due to publication dates, this information is appearing in September's issue.**

**Councillor Surgeries:** The council held surgeries in June and July. Thank you to all who stopped by to ask questions or express views. The council will be considering how to improve surgeries- any suggestions, please contact the clerk!

**Let's Keep Our Footways Clear!** Chedgrave's walkability is one of its best features—but blocked pavements make things tricky for wheelchairs, scooters, buggies, and pedestrians. **Please avoid parking on pavements! If you feel you need to park on a pavement, please find an alternative parking place!** Please trim back hedges and trees in good time for the growing season. Overgrowth can push people into the road—let's keep our paths safe and tidy. Thank you for helping Chedgrave stay accessible and welcoming for everyone!

**The Pits Play Area:** As you may already be aware, Chedgrave Parish Council has begun planning upgrades to some of the play equipment in the Pits, which has reached the end of its life. We're looking to install brand-new toddler and junior play units, as well as introduce some adult outdoor gym equipment to create a space that everyone in the community can enjoy. But we want to hear from you! What features would you love to see in the new toddler area? What kind of adult fitness equipment would be most useful? Please send your suggestions directly to Gemma Dove (Admin Officer) [admin@chedgraveparishcouncil.gov.uk](mailto:admin@chedgraveparishcouncil.gov.uk), by 15<sup>th</sup> Sept.

**Council Vacancy:** Following a councillor resignation, there is a vacancy on Chedgrave Parish Council. Please consider joining this friendly and committed team whose sole aim is Cherishing Chedgrave for all of us.

**Brian Clarke Room:** Do you need a bright modern room to run your club or association? The Brian Clarke Room is adjacent to the play area, has a fully equipped kitchen, is wheelchair accessible and has a hearing loop. It's great for parties, family gatherings, meetings and clubs. Please contact Georgina Buckle to book 07981 856270 or [brianclarkeroom@chedgraveparishcouncil.gov.uk](mailto:brianclarkeroom@chedgraveparishcouncil.gov.uk).

**Allotment Vacancies:** The allotments currently has a ½ plot vacancy. Residents from Chedgrave and surrounding villages can apply. Please contact the Clerk.

**Dogs:** : Please keep your dogs on a lead, keep them out of our play areas and PLEASE remember to pick up any poo left by your dog!

**Next Meeting:** Thursday 4<sup>th</sup> September at 7pm, Brian Clarke Room.



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01508 520688

## Loddon Town Council (LTC)

All enquiries please contact the Parish Clerk: Emily Curtis  
Tel: 01508 522020 Email: [clerk@loddontowncouncil.gov.uk](mailto:clerk@loddontowncouncil.gov.uk)  
Website: [www.loddontowncouncil.gov.uk](http://www.loddontowncouncil.gov.uk) for info on meetings, etc.  
Facebook: [www.facebook.com/loddontc](http://www.facebook.com/loddontc)



### **Freedom of Loddon:**

Thank you so far for all your nominations. Congratulations to Carol Webb, who was presented with the 2025 award at Holy Trinity's Summer Fayre on the 28 June.

### **Love Loddon Community Group**

Thank you to our wonderful Love Loddon Community Group volunteer waterers who work so hard to keep our flower displays blooming during the summer!

Jo, Roy, Rebecca & Dave, Larry, Bev, Mike, Mervyn & Claire...you are heroes!!

Thanks also to Cecil Amey Opticians, for generously sponsoring our planters this year, not forgetting Wards the Butchers and Holy Trinity Church for giving us access to water! We couldn't do it without you all

If you would like to join this friendly group, the dates are below.  
Sat 6/9 - Sun 21/9 - Sun 28/9 - Sun 19/10 - Sun 30/11 More info online.

LLCG meet at 10am on Church Plain unless otherwise stated.

### **Chet Valley Community Larder:**

Our volunteers are working hard, but unfortunately the summer sessions are shorter as we do not have enough volunteers to cover our normal sessions. We are desperately seeking more volunteers. Help and support will be given.

The revised Community Larder opening hours:

Saturday between 1.00 - 2.00pm and every Monday between 12.00 - 1.00pm in Loddon Library. Please see our Facebook page for updates.

**Local Support:** The contact telephone number for South Norfolk Council's Help Hub is 01508 533933. They also now have a handyman service available. More information is available via: [www.loddontowncouncil.gov.uk/local-support](http://www.loddontowncouncil.gov.uk/local-support).

**Allotments:** If you live in Chedgrave or Loddon and wish to be added to the allotment waiting list, please contact our Allotment Officer, Jo, on the LTC email address (see above).

**Small Grants:** LTC have recently awarded several small grants to local organisations. If you would like to apply for a local group/organisation (generally up to £100), please see our website for more information or an application form.

**Meeting dates, contact information and updates can all be found on the website: [www.loddontowncouncil.gov.uk](http://www.loddontowncouncil.gov.uk) or call 01508 522020.**

**'ACCOMODATION IN CENTRAL LODDON'**  
**The Barn offers '*The Garden Room*'-(off Loddon High Street )**



Lovely self-contained converted barn room with private access, off street parking overlooking garden close to amenities and eateries.  
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Booking via: the Airbnb website at: <https://airbnb.com/h/thebarnyardroom> or  
Phone Tracyann Corke 07522675935 /  
Email: [lokefolk@yahoo.com](mailto:lokefolk@yahoo.com)

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George Lane, Loddon, NR14 6NB  
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**For details & to book please email us at**  
**[website.chetvalleychurches@gmail.com](mailto:website.chetvalleychurches@gmail.com)**

## **Hales & Heckingham Parish Council**

**For all enquiries please contact:**

**clerk@halesandheckingham-pc.gov.uk**

**Website: [www.halesandheckingham-pc.gov.uk](http://www.halesandheckingham-pc.gov.uk)**

**Facebook: [www.facebook.com/Hales & Heckingham Parish Council](https://www.facebook.com/Hales%20&%20Heckingham%20Parish%20Council)**



**Next Parish Council Meeting: Monday the 1st of September and 6<sup>th</sup> of October 2025 @7.30pm**

### **Meetings held on the 1<sup>st</sup> Monday of Every Month**

Held at the Hales Assembly Hall, Briar Lane, Hales. Agendas are posted on the notice board in the brick bus shelter opposite Masala Garden and on our website 3 days before the meeting. Minutes are displayed in the same places.

**Signs, Potholes & Footpath Issues** – If you see anything that is not right please advise South Norfolk Council through their webpage <https://apps.norfolk.gov.uk/HighwaysDefect/>.

**Dog Walkers** – A polite reminder to observe the Country Code, especially at this time of year with livestock around. Please pick up your dog's poo, as it is a health hazard as well as being unpleasant. Thank You

**Hales Green Common** – We kindly remind residents and visitors to abide by the bylaws which are displayed on the public notice boards around the common.

**Community Volunteering Scheme** – We continue to seek your help in supporting community projects to improve village life. We are currently looking for volunteers who would be interested in changing the composite site into Community Gardens. Please let us know if you would like to get involved by emailing the Parish Clerk.

**Councillors Vacancies** – If you care about where you live, we have vacancies on our Parish Council. We provide a voice for concerns, ideas, and initiatives that help promote village life. Please get in touch with our Parish Clerk on the above email.

Do you need help? – South Norfolk and Broadland's hub assist with a wide range of problems. Contact details [Tel: 1508 533933](tel:1508533933) or via email at [helphub@southnorfolkandbroadland.gov.uk](mailto:helphub@southnorfolkandbroadland.gov.uk).

Opening hours are 8.15am until 10.00pm Monday to Friday (excluding bank holidays)

## Langley with Hardley Parish Council

Parish Clerk: Natalie Wilson

Answerphone: 07516 361239

Email: [langleywithhardley.pc@gmail.com](mailto:langleywithhardley.pc@gmail.com)

Website: <https://langleywithhardley.pc.norfolkparishes.gov.uk>

Find us on Facebook.



The next Parish Council meeting is on Tuesday 23<sup>rd</sup> September at 7.30pm.

We now have a new 30mph speed limit through Langley, we hope this will improve safety for the residents.

Also please come along and celebrate VJ Day with us on 30<sup>th</sup> August at Langley with Hardley Village Hall.

Live swing band, raffle and food. 7pm for 7.30pm start. Just £5 for adults, kids free, pay on the night or contact the village hall

As a gentle reminder, please can we kindly ask, that when walking your dog, please use the dog bins situated in both Langley and Hardley.

Residents do not want it left in their gardens and farmers do not need it in their fields!

## Langley with Hardley Village Hall

### Spud Club Cafe

**-Friday 5th September 11-1pm**

Everyone welcome, children's activities available. Very friendly atmosphere and great food.

Lovely raffle filled with prizes, Bric-a-brac stall, books and clothes stall.

Come along and see us.

**Klever Kelvins Kwizz!!!**

**Saturday 20th September 6.30 for a 7pm start**

£4 per person which includes nibbles and drinks, bring your own alcohol.

Teams of up to 6 people, you can join a team if you like,

Booking essential on 01508 520184. Jane or Tibby. Please state any allergies for nibbles. Come along for a fun evening!!!

For hiring the hall call 01508 520184 Jane or Tibby. The hall has a well equipped kitchen, disabled access, disabled toilet. Good sized space for any function.





## Notes from Sisland

I first want to thank all those who have supported the Sunday teas at Sisland church, whatever the weather. The final tea will be on Sunday 31<sup>st</sup> August as there have been five Sundays this August. It has been lovely to catch-up with old friends, as well as welcome new visitors who have discovered our beautiful church. Although it is the main fundraiser for St Marys it offers so much more to so many.



As you will be aware the maintenance and care for this building takes both time and effort as well as a range of fundraising. Sisland is an incredibly small parish and so the money raised by the Sunday Teas, are main event of the year, is key to the investment we can make in providing support for this building now and to make it available for future generations to benefit from the peace and tranquillity that it provides. Visitors will have noticed that we had to take down the horse chestnut tree on the edge of the churchyard as it was in a failing condition, after its bough drop last year. We are still waiting for the tenders for the work on the tower, but hope to do this work, funds permitting, shortly.

Another fund raiser which takes place in September is the annual Sponsored Bike Ride and Walk, organised by the Norfolk Churches Trust, which takes place on Saturday 13th September. Remember you do not have to cycle, do your route in whatever way suits you - walking, driving or riding. You can find out all you need to know by going to the website:

<https://norfolkchurchestrust.org.uk/bike-ride-walk/> Sisland church is always open, with refreshments, with members of the congregation taking part in some small way. All funds raised support your local church and the Norfolk Churches Trust.

Harvest festival in Sisland will not take place until October so further details will appear in the next issue of Contact. The church will continue to be open through the remainder of the year, and we hope to see you soon.

**Rowena Bryce, Churchwarden**

## Sport

### Loddon Ladies Hockey Club

Feel like you want to get involved in a new sport? Or perhaps you used to play when you were at school and fancy giving it another go? We welcome new members of all ages (13+) and abilities. Come and get fit, have fun and meet friendly women from in and around the local area. We train every other Tuesday night at Langley School (NR14 6BJ), 7:00pm-8:30pm. More info: [www.loddonhockey.com](http://www.loddonhockey.com); email [hello@loddonhockey.com](mailto:hello@loddonhockey.com).



### Loddon Tennis Club

Loddon has two floodlit courts, situated adjacent to the Loddon & Chedgrave Playing Field. We are a thriving tennis community with over 150 members. Memberships are affordable; pay and play is at £5/hour. Website: <https://clubspark.lta.org.uk/LoddonTennisClub>. Email: [loddontennis@loddontowncouncil.gov.uk](mailto:loddontennis@loddontowncouncil.gov.uk)



### Hobart Badminton Club

We are looking for players to join our friendly club of all ages from 16+. Playing experience desirable. We meet at Hobart High School sports hall, every Tuesday from 7:30-9:30 pm. Cost £6:00 per session, first session free.

More information from Terry: [terryhayden.sportsclub@gmail.com](mailto:terryhayden.sportsclub@gmail.com).

### Loddon Junior Badminton Club

Held at Jubilee Hall, sessions are just £3.50.

Wednesday evenings: 6:45-7:45pm, children aged 8-14 years.

Thursday evenings: 7:30-8:30pm, children aged 15-18 years.

Open to all children regardless of ability.

Sessions run by qualified coach. Rackets and shuttles provided.

For more info, contact Paul on [paulr2677@gmail.com](mailto:paulr2677@gmail.com) or 07903 794613.



### Loddon Swan Bowls Club

Our green is now open. Anyone new to bowls, please come along and give this sport a try; current members will be on hand to help. We have some spare bowls in the clubhouse, flat shoes must be worn. If new to the area, or fancy a change of club, please come along.

Practice sessions (roll-ups) are held on Monday, Wednesday and Friday afternoons also Wednesday mornings. The club plays in many local leagues in the evenings, also Thursday afternoons. Inter-club competitions are held on Saturday afternoons. Come on, join in the fun. A warm welcome awaits.

Further information from—Paul Clemence (Chairman) on 07833 764698.

## **Loddon Community Gym**

The Library Annexe, Church Plain, Loddon, NR14 6EX  
Tel: 07534 946143 [www.loddoncommunitygym.com](http://www.loddoncommunitygym.com)



Whatever your age, there's strong evidence that physical activity can help with a healthier and even happier life. People who exercise regularly can have a lower risk of many chronic diseases, such as heart disease, stroke, type-2 diabetes and some cancers. Research shows that regular exercise can also boost self-esteem, mood, sleep quality and energy levels.

Here at your Community Gym in the Library Annexe we are well-equipped, affordable and not-for-profit and for over 11 years have offered the opportunity for our members to achieve and maintain a level of fitness to help improve their wellbeing and quality of life. There is a friendly and relaxed atmosphere and a genuine feeling of a social environment, and definitely no pressure!

For more information why not drop by to see us or call our qualified trainer, Louise on 07534 946143. We are open every weekday to those 16 years old and over.

Full details of our hours and costs can be found at [www.loddoncommunitygym.com](http://www.loddoncommunitygym.com) or scan the QR code shown.



## **Jubilee Short Mat Bowls Club**

We are currently taking a break for the summer as many of us are now playing outdoor bowls, but we will be back on Tuesday 2<sup>nd</sup> September at 1.30pm. Watch this space for more details nearer the time or contact Sara: 01508 521958 or Sheryl: 01508 677272 .



## **Davy Place**

Bingo—Monday afternoon at 2:00pm. All money is given back as winnings.

Hoy is on the last Saturday in the month at 7:00pm.

Cards is on a Wednesday afternoon at 2:00pm.

Come along for a relaxing time. All welcome.

## **Parkinson's UK Charity Shop, Loddon**

2 Little Money Road, Loddon Industrial Estate.

**PARKINSON'S<sup>UK</sup>**  
CHANGE ATTITUDES.  
FIND A CURE.  
JOIN US.

## Community Groups, News and Events

### Chet Valley Patchworkers

We are a small group of friendly sewers who get together on the last Wednesday of the month to enjoy their shared pastime. We meet at The Brian Clarke Rooms, Chedgrave 9:30am to 12:00 noon where we share our quilting successes, failures and learn from and with each other. Whilst we do not 'teach' how to do patchwork or quilting we do share the vast amount of knowledge we have within the group—so those starting out in the craft can pick up how to, tips and tricks; somebody is always willing to give advice or show you how. If we don't have anything to work on at group meetings we often bring along other crafts such as crochet or knitting and enjoy a show and tell of finished items and each other's company.

If this is something you think you might like to come along to, your first meeting is free - we pay by annual membership, which is decided each May. Contact Vicki Radley on 01508 538461 or email [vicrad@live.co.uk](mailto:vicrad@live.co.uk). We look forward to welcoming you.

### Loddon and Chedgrave Social Group

**Norwich on the Dark Side** - a talk by Paul Dickson -Thursday 9th October, 7.00pm in Chedgrave Church Rooms. £10.00 per person payable on the night (cash only please). Includes wine and nibbles.

Many will have heard Paul talk before or attended one of his popular tours in Norwich. This evening we will learn about historical crime, punishment, filth and misery in Norwich - sounds fun!!!! Please email Sharon Brown at [lcsg.secretary@gmail.com](mailto:lcsg.secretary@gmail.com) or phone 07546 973017 to book your place. Throughout the year we run a variety of events including walks, talks and visits to gardens/museums etc. Hopefully there is something of interest for everyone. Annual fees are only £6.00. If you would like to join our friendly group please contact Hillary Meredith on 01508 520457 or email [lcsg.secretary@gmail.com](mailto:lcsg.secretary@gmail.com). We will be happy to answer any questions.

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### Loddon & District Day Centre

The Day Centre meets at Saxon House, Kittens Lane, Loddon, on Tuesday and Fridays from 10:00am-2:00pm. We chat, enjoy games, talks and light exercises, together with refreshments and a home made two-course lunch. Why don't you come and join us? We'd love to see you!

Please contact Karen on 07765 866 507 or via [loddondaycentre@gmail.com](mailto:loddondaycentre@gmail.com) for more information

## Loddon Bell Ringers



Over the last two months, our ringers have been out with others to ring quarter peals at many churches around Norfolk and Suffolk. As well as here at Loddon we have rung the bells at Oulton, Lowestoft, Ashill, Watton, Necton, Shipdham, Erpingham, Upper Sheringham, Wighton, Wells, East Raynham, North Creak, Norton Subcourse and St. Peter Mancroft in Norwich.

Two peals have also been rung by our members. One of 5024 Kniver Surprise Major at St. Remigius, Hethersett which took 2 hours 49 minutes to complete and one of 5040 14 Spliced Surprise Minor methods at All Saints, Necton again in 2 hours 49 minutes.

We attended a social ringing event at Upper Sheringham, a Twelve bell novice practice at Great Yarmouth Minster and have rung to celebrate two weddings, one here at Holy Trinity and another at St. Mary's Haddiscoe.

**Steve Rabong**

## Royal British Legion—Loddon & District Branch



Several members accepted a lovely invite to meet with Loddon Day Care Centre, on 26th July. Our Chairman spoke of the History of the RBL in Loddon, with a photo album from 1985, as backup. We also enjoyed joining in with everyone, including some residents of Saxon House, getting our hands painted.

The 'hands' project is the Day Centres contribution to RBL Attleborough's attempt at the Guinness Book of Records. For the largest Paper Wreath made with Painted Handprints.

VJ Day80 Services were held in August around the Country and also in Loddon, on Sunday 17th, with 4 Standards present.

Loddon Swan Bowls Club are holding their annual Charity match, on Sunday 31st August at 2pm, in aid of RBL. Anyone can come along to watch or participate. £2 if you wish to take part.

You do not need to have served in the Forces, to join.

Our branch meetings are held on the 3<sup>rd</sup> Monday evening of each month at 7:00pm in The Lecture Hall, George Lane, Loddon. Sometimes we are in the chapel, adjacent to Hall. Our meetings are followed with light refreshment of coffee/ tea and biscuits: time for a friendly chat and catch ups.

Contact Chairman Colin, if any queries, on 01508 521136.

## Church Services

### 7<sup>th</sup> September

9:00am	BCP Holy Communion	St Mary, Sisland
10:00-12 noon	Café Church	All Saints, Chedgrave
10:45am	Holy Communion	Holy Trinity, Loddon

### 14<sup>th</sup> September

9:30am	Holy Communion (BCP)	All Saints, Chedgrave
10:45am	Holy Communion	Holy Trinity, Loddon

### 21<sup>st</sup> September

10:45am	Holy Communion	Holy Trinity, Loddon
11:00am	All Together Worship Harvest Festival followed by	All Saints, Chedgrave
5:00pm	Evening Prayer (BCP)	St Mary, Sisland

### 28<sup>th</sup> September

9:30am	Holy Communion	All Saints, Chedgrave
10:30am	Morning Worship	St Margaret, Hardley
10:45am	Morning Worship	Holy Trinity, Loddon
7:00pm	Last Sunday Praise	St John's, Loddon

## Chedgrave Church Centre Hire

All Saints Church, Chedgrave has a lovely church centre. It has two rooms (one upstairs), a kitchen and a loo. Wheeled tables are easy to move. It is warm even in winter! Available to book for £8 per hour. If you're looking for a meeting venue, a party or activity space, contact Anne Jackson who is responsible for hall bookings on 01508 502278.

## Other Services in Chet Valley Churches

<b>Every day</b>  <b>Morning Prayer</b>  <b>9:00am</b>  <i>All Welcome</i>	Monday	Holy Trinity, Loddon
	Tuesday	St Margaret, Hardley
	Wednesday	All Saints, Chedgrave
	Thursday	Holy Trinity, Loddon
	Friday	St Mary, Sisland
	Saturday	All Saints, Chedgrave

<b>Thursday</b> during school term	<p style="text-align: center;"><b>XTRA!</b></p> <p style="text-align: center;">Is changing...</p> <p>There will be no Xtra! Service for the first half of term, but watch this space for news of an exciting new service for children and families starting after the half-term holiday.</p>
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<b>Prayer at Home</b>	<p>'If you would like to receive the weekly prayer and reflection sent out by email, please contact</p> <p style="text-align: center;">Rev Jill (<a href="mailto:jillhaylock@aol.com">jillhaylock@aol.com</a>)</p>
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### The Catholic Parish of Our Lady of the Annunciation

21 Uppate, Poringland, NR14 7SH

#### Mass Times:

Sunday 9:00am; Tuesday 6:00pm; Wednesday—Saturday 10:00am;  
Saturday 6:00pm (Vigil Mass)

Please check newsletter online for latest information.

Priest in charge: Father Andrew Eburne (Tel: 01508 494770)

e-mail: [frandreweburne@gmail.com](mailto:frandreweburne@gmail.com).

[www.ourladyporingland.wordpress.com](http://www.ourladyporingland.wordpress.com).

For services in the Waveney Valley, please check:

[www.waveneyvalleycatholics.church](http://www.waveneyvalleycatholics.church).





# Annual Open Show Sat. 6<sup>th</sup> September Jubilee Hall, Loddon

93 classes of Vegetables,  
Fruit, Plants, Flowers and  
Cookery for **anyone** to enter!

8:30am - 10:45am Staging of Exhibits

11:00am - 1:00pm Judging

1:00pm - 4:00pm Public Viewing (free admission)

4:00pm - 4:30pm Presentation of Trophies

Find us on  for details of the classes or contact  
the show secretary: 01508 520273

## Pet Service—17<sup>th</sup> August—All Saints, Chedgrave

Do you have a pet? A valued animal member of your family?

Perhaps you have a dog, a cat or some more exotic beast.

We have a service on Sunday 17<sup>th</sup> August recognising that our pets are much-loved and valued, amongst all of God's creatures, and offering a chance for your pet to receive a blessing. It's at All Saints, Chedgrave, starting at 11:00am.

I wonder how many animals we can gather in one place.

I wonder how many different sorts of animal will come All welcome, animals and owners alike! NB owners are responsible for the good behaviour of their pets.





*The Church in Loddon invites you to a*

**Coffee Afternoon at**

**9 Homebred Lane, Loddon**

**on**

**Thursday 11th September**

**2pm - 3:30pm**

**Cakes, Bring & Buy (donations gratefully received) and Raffle.**

*All welcome*



*Interested in joining us?*

## **Volunteers Needed!**

**Improve the lives of others.  
Your help is needed.**

**We need help with:**

- Supporting drop in sessions
- Organising donations
- Assisting with registrations
- Assisting with sign posting for other services

**No previous experience needed.**



**Call us on 01508 522020 or email  
[admin@loddontowncouncil.gov.uk](mailto:admin@loddontowncouncil.gov.uk)**

**THE OLD SCHOOL, CHURCH PLAIN  
LODDON, NORFOLK, NR14 6EX  
01508 522020  
[WWW.LODDONTOWNCOUNCIL.GOV.UK/COMMUNITY-LARDER](http://WWW.LODDONTOWNCOUNCIL.GOV.UK/COMMUNITY-LARDER)**

## **Patient Participation Group (PPG)**

*“Working together to improve your patient experience.”*

Recently, we have invested in a new maternity couch at a cost of £1,500 for the surgery. The previous unit was no longer fit for purpose, causing unnecessary difficulties for both our staff and pregnant patients. This upgrade ensures a safer and more comfortable experience for all.

We have also agreed to purchase eight state-of-the-art examination couches for £6,400; These couches offer modern design and safety features; The existing ones were from the previous location at the Church Plain surgery/ The old couches have been donated to a charity in Ukraine.

We will be holding a public meeting at 3pm on the 3<sup>rd</sup> September 2025 at the Surgery to elect the new officers (Chair, vice chair, treasurer and secretary).

## Loddon Library

### Eager to Learn?

Children will be winding down from the summer holidays and ramping up for the next school year, so why not try learning something new yourself? On Fridays from 2pm – 4pm our volunteer Flora is available for you to practise Spanish - ¡Es divertido y útil!



### Bounce & Rhyme – call out for volunteers!

Do you know your 5 little ducks from your 5 little, speckled frogs? Do you enjoy singing with adorable babies and toddlers, and getting to know other local families? Apply to lead our Thursday Bounce & Rhyme session, on a fortnightly basis, 10:15am – 10:45am followed by Stay & Play. Pop in and speak with a member of staff. We'd love to have you on board!

### Read 2 Dogs

Maisy the golden Labradoodle is with us again at 4pm on Monday, 1st of September. Come read her your favourite story from the Summer Reading Challenge.

### Just a Cuppa

If you're feeling like you could do with some companionship, but don't feel ready for a new hobby, our Friday morning Just a Cuppa sessions are a great way to ease into making some new connections. There's always a warm drink, a warm smile, and a comfy seat available for you.

*Is there something you'd like to see at your local library? Pop in and have a chat with us, send us an email, or give us a call. We're always open to new ideas for how to make your library work for you.*

[Loddon.lib@libraries.norfolk.gov.uk](mailto:Loddon.lib@libraries.norfolk.gov.uk)

(01508 520678)

**THE LODDON SHIELD** Sometime in the early 1900's, small pieces of commemorative pottery were being sold in Loddon. Imprinted on them was an image of 'The Loddon Shield'. There is some information available on the internet, mainly about the maker of this kind of souvenir but we would like to discover more. We have already located samples of some pieces and would like to hear from anyone who still has any in their possession and how they came by them. We would also like to know more about the shield as we think it may well have been 'made up' at the time. If you can help, please contact Carol on 01508 500602 or e-mail [chetcottchippy@hotmail.com](mailto:chetcottchippy@hotmail.com) Some pictures are available.

Thank You.

**Carol Webb**

## Chet Valley Voices



Chet Valley Voices is a community choir of varying ages from 15-80+. We enjoy singing a variety of music from classical to modern and are a happy friendly bunch. Come along, make new friends and get to know others in the community. Singing is good for your mental health and well-being, so you will leave rehearsals feeling uplifted. Why not come to a free taster session?

Rehearsals: Thursday 7:00-8:30pm (doors open 6:45pm) in St Johns Chapel, George Lane, Loddon. £5 on the night, £3 for under 18s. New members always welcome, especially men. More information from: Sue 01508 528069; [suemartin303@btinternet.com](mailto:suemartin303@btinternet.com) or [chetvalleyvoices@gmail.com](mailto:chetvalleyvoices@gmail.com). Follow us on Facebook, Instagram or Twitter: @ChetValleyVoices. [www.chetvalleyvoices.co.uk](http://www.chetvalleyvoices.co.uk).

## Breathing/Vocal Technique Sessions

Do you enjoy singing but feel that your breath control could be better? Are you a non-singer but feel that you could do with help to improve your breathing? Would you like tips on vocal technique?

Tanya Chelovskaya is a trained vocal coach leading sessions at Chedgrave Church Centre on Wednesdays from 10:00-11:00noon. The cost is £8, which includes refreshments. If interested, please contact Tanya at [t.chelovskaya@gmail.com](mailto:t.chelovskaya@gmail.com) or WhatsApp on 07737 765098.

*"I come away from Tanya's sessions, uplifted and with the knowledge that I can own my voice, and possibly even have the confidence to sing. Breathing, vocal and gentle physical exercises combine and lead to a wonderful sense of well-being."*

**Bridget M Ward**



## The Loddon Band

We are a friendly and dynamic brass band in the historic town of Loddon. We are currently seeking the following players to come and join us: Cornet, Tenor Horn, Euphonium, Eb Bass. We welcome all brass players and percussionists.



Rehearsals are at The Hollies, High Street, Loddon on Tuesday evenings, 7:45-9:45pm. Our rehearsals are fun and enjoyable so why not pop along to see what we are about. For more information, contact Louis (Secretary): Email: [Loddon.band@gmail.com](mailto:Loddon.band@gmail.com) or phone 07463 770068.



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## Loddon and District Women's Institute



At the time of writing we're hoping for a fine day for our garden party in August! During July and August several of our members have been busy preparing our entry for the WI competition at Loddon & District Horticultural Society show 1 September, which is always worth a visit. It was a very good meeting in July when Hodmedods came and talked to us ..... if we didn't already do something to help hedgehogs their talk should inspire us to do so!

### September meetings

**Thursday 11<sup>th</sup> - Knit, Natter & Crochet** at Loddon Library. 2:30 – 4.00 p.m.

**Wednesday 17<sup>th</sup> - Monthly meeting.** 7.15 for 7.30 p.m. St John's Lecture Hall, George Lane.

Maria Pennington - a talk on Georg Jensen, the Danish jewellery designer.

**Book group and Open House** for members. Time & venue TBA.

**\*\* Event - Saturday 27<sup>th</sup> – Sewing & Craft Day** 10.00 a.m. – 4.00 pm. St. John's Lecture Hall, George Lane. Bring a packed lunch – tea/coffee provided. £5 pp.

To book a place ring 01508 528912 All welcome.

*Our membership is still open, so if you think you might like to join us or find out more about what we do, just come along to the next meeting, or we can be contacted through our Facebook page or at [loddonwi@gmail.com](mailto:loddonwi@gmail.com)*

## Loddon Flower Club

Where did the summer go? It's already September!

Our first meeting of the year will be on Tuesday 2nd September when demonstrator Racheal Borenkova, with a title of 'Let's go to the Flower shop', will join us. Racheal is a relatively new demonstrator with new and innovative ideas. Her arrangements will be raffled at the end of the evening.

Do come and give us a look, visitors £7.50, or become a member, subscriptions are staying the same at £40pa.

October's demonstrator will be Crystal Dyball, with her ideas illustrating 'Behind the Shed Door' (interesting!!)

We meet on the first Tuesday of the month in St John's Lecture Hall on George Lane, Loddon. Doors open at 6.30pm for a 7pm start, including a short interval for refreshments and a catch-up.

We have a website - [www.loddonflowerclub.co.uk](http://www.loddonflowerclub.co.uk), Facebook page - Loddon Flower club, email address - [loddonflowerclub@gmail.com](mailto:loddonflowerclub@gmail.com) to contact us for more info or- Tricia on 01508 480522 / Jenny 01508 520254 .



## Social Whist

We meet in the back room of The Hollies at 7.30pm for a 7:45pm start. We have twelve hands of whist with a hot drink and a biscuit and some local chat.

Dates—Sept. 12th & 26th, Oct. 10th & 24th

All enjoyed in a friendly atmosphere. If you need a lift to The Hollies, please call Jane on 01508 528875. We look forward to seeing you.



## Loddon & Chedgrave Ladies 8 O'clock Club

We are a friendly group of ladies who meet on the last **Wednesday** of each month in the back room of The Hollies, Loddon High Street.

**Next Meeting:** Wed. 24th Sept.—Linda Salmon on Interior Design.

For more information, please contact Sue or Hillary on 01508 520457

An annual fee of £10 is charged, plus £3 for each meeting attended. New members always welcome. Any queries please contact June 01508 528853 or Hillary 01508 520457.



## Loddon and District Horticultural Society



We will be holding our Annual Open Show on Saturday 6th September when we will have over 90 classes for anyone to enter. They include, vegetables, fruit, flowers, flower arranging, cookery and classes for Children. We will also have the local WI's taking part in their own competition. If you would like to take part please contact our Show Secretary Tricia on 01508-520273 or [patricialoades@btinternet.com](mailto:patricialoades@btinternet.com) for a copy of the show schedule. This show is held in the Jubilee Hall, Loddon and opens to the public at 1pm when we will have plants and cakes for sale as well as refreshments.

The show replaces our usual second Wednesday meeting and we will be back in October with our Annual General Meeting. Our meetings are held at the Jubilee Hall Clubroom, George Lane, Loddon. For more details contact our Chairman Jean Cope on 01502-710024 or [jeancope52@gmail.com](mailto:jeancope52@gmail.com) or our Secretary Hazel Copland on 01508-520890 or [happyhaze@gmail.com](mailto:happyhaze@gmail.com). Follow us on our Facebook page.

## Loddon Community Cinema

Our next presentation is **"MR BURTON"** rated **12 A** and starring **Toby Jones, Harry Lawtey and Leslie Manville**. **124 minutes**.



It's 1942 and Richard Jenkins (Harry Lawtey) is at school in Port Talbot, caught between the pressures of an alcoholic father, a devastating war, and his own ambitions. A new opportunity beckons when Richard's natural talent for drama catches the attention of his teacher, Philip Burton (Toby Jones). The young man thrives under Philip's strict tutelage and the guidance of a kindly landlady, Ma Smith (Lesley Manville). But as the acting world comes within Richard's reach, the burden of his past risks holding him back forever.

**Showing on THURSDAY, SEPTEMBER 4th at St. John's Lecture Hall, George Lane, Loddon. Doors open 7pm, film starts at 7.30pm. Adults £4, under 16 £2. Pay on the door, or in advance from Loddon DIY.**

Tickets: £4 adult, £2 under-16, are available on the door or in advance from Loddon Garden & DIY. Email: [loddoncommunitycinema@yahoo.co.uk](mailto:loddoncommunitycinema@yahoo.co.uk).

## Chet Staithe Probus Club

We are a club for retired gentlemen, and friendship. The atmosphere is relaxed, jovial, with little formality. Dress code is casual. We have a good mardle, and a different speaker every meeting on varied subjects. Afterwards, members either go home, adjourn to the bar, or stay for a pleasant lunch. Your choice.

We meet at The White Horse, first and third Tuesday of every month, start time 10:00am.

### Next meetings:

<b>Sept 2<sup>nd</sup></b>	Chris Crowther	More tales from the bush
<b>Sept 16<sup>th</sup></b>	Tina Hinchly	History of care homes

Come to a couple of meetings and try us out; no pressure to join.  
Clive Boyd, Secretary, on 520547, [cliveboyd28@gmail.com](mailto:cliveboyd28@gmail.com).



## Chet Valley Probus Club

Chet Valley Probus Club welcomes people who are retired, semi-retired or approaching retirement and who have had some measure of responsibility in their working life. We are friendly and excellent company, enjoy fascinating talks on a variety of subjects, good food and meeting others of like mind. Why not come along and give us a try with no obligation?

We meet on Tuesdays at Chedgrave White Horse, starting at 10:30am, lunch is optional.

### Next meetings:

**9th September "The Wisdom of Winston Churchill"**

Speaker, Tony Diamond

**23rd September "East Anglian Families of Influence; A Victorian Saga"**

Speaker Peter Lawrence.

Info from—John McCormack 01508 521899, [probusonline.org/chet-valley](http://probusonline.org/chet-valley).



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## **WEA Loddon Branch**

We are looking forward to a series of exciting courses in the Autumn Term. Starting in October, Nigel Herwin will give a series of lectures on the **Films of Stanley Kubrick**. This will be followed by Joe Williams giving a course on **English Poetry** in November. Finally, Neil Storey will be looking at Norfolk during the **1<sup>st</sup> and 2<sup>nd</sup> World Wars** and also the social history of **the Norfolk Coast**.

Each course will be of three weeks duration and takes place in the Jubilee Hall, Loddon on Monday afternoons from 2.00 – 4.00 pm. Further information on the price, WEA course numbers and enrolment details will follow.

If you would like to join our mailing list please contact Sharon, [swsmith949@gmail.com](mailto:swsmith949@gmail.com) tel. no 01508 520386 or Alison, 01508 521976.

## **Hardship Funds Available in the Chet Valley**

If you are struggling to make ends meet at the moment, there are funds available to help. Local charities were set-up to help people in need in Chedgrave, Hardley, Langley and Loddon. If you are one of those people, please draw on these funds.

To access the funds:

**Loddon Town Estate Trust:** Contact Julie Ponsford on 07976 902487.

**Chedgrave Church Discretionary Fund:** Contact Churchwarden, Roger Outlaw (phone numbers on p3), or treasurer Richard Ball on 01508 528126.

**Hardley and Langley Discretionary Fund:** Contact Rev Miriam or churchwarden (details in Hardley church porch).

**Langley Trust Fund:** This can be applied for via its Trustees, who are: Barbara Leathersich (01508 521979); Stephen Lutkin (01508 480989); Stella Wright (01508 520102); Susie Wheeler (01508 528429); Shirley Keeler (01508 528939).

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## Waveney Valley Arts Society



We are a friendly group who meet at the Fisher Theatre in Bungay on the first Wednesday of every month. Events provide a welcoming place to hear expert lecturers share their specialist knowledge. The theatre is open from 10:00am and our lectures start at 11:00am.

**Next meeting: Wednesday 3<sup>rd</sup> September** - Turner and Constable: Romantic Rivals - Antonia Gatward Cevizli.

Guests are welcome to join us for an individual lecture but there will be a charge of £10 and pre-booking is essential. If you wish to join the waiting list to become a member of our society, the contact details are on the website: <https://theartssocietywv.org.uk>.

## Tuesday Market



Harvest time is here, so you will find a good selection of fruits and vegetables at the market this month. If the weather is fine our colourful flower and plant stall will be outside the Hollies.

Inside will be our usual tasty baking and a good selection of jams and chutneys made from this seasons fruit.

Our crafters have been busy too preparing for the season ahead..... velvet cushions, jewellery, wood wares and a lovely selection of greeting cards are a few examples of what's on offer.

We look forward to seeing you at our friendly market, every Tuesday at the Hollies, 10 to 11.30 am.

Orders and enquiries to Sheila Ford (chairman) 01508 520752.



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## Chedgrave Art Group

This friendly painting group is **relocating** to the **Brian Clarke Meeting Rooms, Chedgrave**, from September & will now meet every Thursday morning 10.00 - 12.30.

Info from Sandra - [sandash05@icloud.com](mailto:sandash05@icloud.com) or Linda [linda@ashehamhouse.com](mailto:linda@ashehamhouse.com)

## Chet Valley Photography Club

A very big thank you to all who visited our 13<sup>th</sup> annual exhibition in July at St John's Lecture Hall, Loddon. We had many visitors over the weekend and it was lovely to be able to put together another exhibition for visitors to come along to and enjoy. The result of the CVPC Public Choice vote is as follows: 1st "The Old Boat of Caol" Julie Wood, 2nd "Happy Pup" Ania Vanston, 3rd "Quiet Reflection" Jonathan Orland. The top five placed photographs can be view on our club website

[www.chetvalleyphotography.org.uk/club-exhibition/](http://www.chetvalleyphotography.org.uk/club-exhibition/)

If our exhibition has inspired you and you would like to come along to our meetings then please do - the club is open to everyone regardless of their photography knowledge or experience. For more details please see our website or email [info@chetvalleyphotography.org.uk](mailto:info@chetvalleyphotography.org.uk)



This year we will be holding our annual general meeting during our September club meeting on Monday 8<sup>th</sup> and then have a review of the 2025 exhibition images with general discussion and feedback.

Please refer to our website [www.chetvalleyphotography.org.uk](http://www.chetvalleyphotography.org.uk) for more information or if you are interested in joining the club. The club is open to everyone regardless of their photography knowledge or experience. If you want to take photographs and want to know more please come along to one of our meetings.

The Pennell Family wishes to sincerely thank all involved and who attended the May concert or have otherwise contributed to funds in support of Blake Pennell. Blake was one of those who ate a supermarket sandwich with contaminated lettuce, and contracted e - coli in June 2024. He has subsequently suffered two strokes and whilst still in hospital his recovery is painfully slow.

Funds continue to support Blake and his partner Lauren while he is recuperating. For anyone wishing to continue to help you may still contribute via Caroline Dwen at ROZY LEES tearoom or their just giving page .

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## Loddon and District Local History Group

In June we had a fascinating talk about the “Flora on a Stick” by Andrew Tullett. Andrew has made it his mission to record all the Norfolk town & village signs. The earliest ones were in the 1920's around the Sandringham Estate. Some villages have more than one sign. Plants and flowers appear on many signs recalling specific connections with the locality,

Our July meeting took us to Langley Hall now better known as Langley School. We were welcomed by Nigel who gave a brief history of the house and estate from the Reformation when it was owned by the Abbey, Richard Berney bought it from Henry VIII and it passed down through his family to another Richard “Recorder Berney” who in 1740 was in financial difficulties and sold it to George Proctor whose sister married the first baronet.

George left it to William and his wife on condition they took the name Beauchamp-Proctor. For nearly 250 years, the family lived here, each adding and changing as they saw fit. We were guided around the main rooms of the house to see plaster work, painted ceilings, fireplaces and views. The school has been working hard to maintain and preserve the rooms, often seeking advice from experts including from the V&A Museum.

From 1946 the school took over the estate and the rooms were in daily use by staff and students. As the school expanded, classrooms and laboratories and a new library have been built and now the rooms are mainly used by the Head and administrative staff. Our 2-hour tour finished with tea and cakes in the Ballroom. Thanks go to Langley School and Nigel.

### **NEXT MEETINGS: PLEASE NOTE REVISED DATES**

September 17 - Val Fryer ‘A load of old weeds and what they can tell us’ .

October 15- Claire Jowitt ‘The Gloucester; Why the Wreck of the Gloucester in 1682 Matters:

November 19- “Caister Roman Project Update” Andy Woodman

December 17 – “More Recent Brewing “– David Crease at the Hollies

All meetings are held in St John's Lecture Hall, George Lane, Loddon starting at 1:30pm. Admission £3 (includes light refreshments). All welcome. For more information email Elvie: [Elvie.herd@uwclub.net](mailto:Elvie.herd@uwclub.net).

Visit our website at: [www.loddonhistorygroup.co.uk/](http://www.loddonhistorygroup.co.uk/)

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## Read Any Good Books Lately?

### **Book Lovers, by Emily Henry**

Nora is a cut-throat literary agent in New York and reluctantly agrees to take an extended holiday in a small town, Sunshine Falls, at the insistence of her younger sister, Libby. While there she keeps bumping into her publishing nemesis Charlie, an ambitious and brooding editor.

This novel is a fun, gentle poke at the Hallmark movie genre of big city hotshot moves to small town and falls in love with country person and helps revive a failing business, although it does mirror the obvious happy ending!

### **The Lamplighters, by Emma Stonex**

A puzzle of a novel about the plight of three lighthouse keepers who mysteriously disappear from a remote lighthouse in 1972. Weaving in between the present day and the time the light keepers went missing it tells the story from the perspective of the wives and girlfriends left behind and revisits the lighthouse and the relationships between the men. This book is very good at shifting narratives and making you question your own perspective.

### **Strangers in Time, by David Baldacci**

Set in London in 1944 just after the blitz this novel follows the stories of Charlie, a recently orphaned 14 year old, living with his grandmother and surviving on his wits and Molly, a 15 year old returning evacuee. Befriended by a book shop owner, Oliver Ignatius, the trio form an unlikely alliance. Each character faces their own difficulties and dangers but the mystery which surrounds them all proves to be interweaving. This author is new to me but I will be reading other books by him.

### **On the to be read pile!**

#### **Hot Milk, by Deborah Levy**

I want to read this book before I go to see the recently made film of it. It's the story of a mother and daughter who move to a Spanish coastal town to seek a cure for the mother's mysterious illness. It's supposed to be a compelling read!

...



**Ruth Redford**

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## Nature Notes

Summer has passed and Autumn is upon us, migrant birds like swifts are long gone. Normally around until early August, this year they had packed up and gone by the fourth week of July. Well, what have I seen during June and July. A trip to Minsmere in July initially produced nothing new, then as we were leaving, I noticed people on a track with scopes and quickly pulled up. They had found an obliging Stone Curlew in full view about 20 yards in front of us. The other bird I saw, again not expecting to see this year, was a Turtle Dove, Rachel and I saw it on telephone wire at Seething. I had just got back to where Rachel was standing when she said she was sure she had heard a Turtle Dove purring, but that it had stopped. Then it flew up from the field and settled on the wires. My year list for birds seen or heard round the Hardley Staithe area has increased to 92 for the year, will I reach 100, who knows. Recent additions have been a Green Woodpecker, Water Rail which I only heard and a Bittern. Other highlights from May not included in the June magazine occurred driving to Seething. Two hares suddenly appeared in the road in front of us, quickly followed by a third. The first two veered off into a field but we still slowly followed the third, this was then joined by another coming toward us, it turned and ran, only to be joined by a fifth. The last two quickly “escaped” into a field but hare three seemed determined to stay in the road, finally shooting off into a field, a lovely shared experience. One day in June I took the dogs to Rockland Broad and as we were returning to the car park, a Cuckoo called from the overheard. Suddenly there was an awful noise that with my hearing aids in, I found almost deafening. It was the “warble” of a female Cuckoo, a sound I have never heard before. Then low and behold I heard another one “warbling” at Hardley Staithe a couple weeks later. I must admit I did feel sorry for the male Cuckoo having experienced the call of the female.

You never know what you might come across in our amazing countryside. Even sitting here typing this a pair of Wood Pigeons have been enjoying the rain, using it as a shower, so you don't even need to go out.

**Richard & Rachel Hull**

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## Gardening Notes

### Growing Fruit and Veg from scratch: Part 8 Tools

This is the final part of Growing Fruit and Veg from scratch and for the sake of completeness is about the tools, etc you need when starting off. The basics are a spade, fork, trowel, hand fork, rake, watering can, wheelbarrow and secateurs.

Later you will probably also need a dibber (it's easy to make your own), a line (ditto), a hoe, strimmer, shears, a hosepipe and maybe a polytunnel. You will need to buy other things regularly used, canes, twine, netting, compost, plant feed ...etc. There is probably no need to buy seed trays or flowerpots as garden centres give old ones away and you quickly accumulate a stash as soon as you start buying plants. You can also accumulate useful bits of wood, plastic sheeting, metal for projects.

As with all tools used regularly durability is important It's better to spend a little to get ones that last or get them from charity shops, garage sales, car boots or relatives. Always keep tools clean, sharp and oiled.

Spades and forks come in many shapes, weights and sizes. I prefer ones with a wooden handle as though they can break if mistreated/left out in elements too long, they don't bend like plastic ones which once bent tend to keep doing it. I find longer handles and smaller blades are better for backs! Have a good summer.

**Andrew Milner**

### From Another Garden

Blackbirds had a third brood! There is much loud cheeping coming from deep in the Privet hedge. I got a good look at a baby robin trapped in the cold frame, then put a besom in there to act as a ladder and it climbed to freedom. The birdbaths are evaporating quickly so I'm keeping them topped up with fresh water, placing some pebbles in to allow the bugs to drink safely. Talking of bugs, the aphids and black flies have been prolific. I bided my time as I observed masses of ladybird larvae around, sure enough they munched their way through the pests, trust nature it is wonderful.

I've been dead heading flowers, picking up June drop apples, cutting back and removing dead growth. Tying up the monster tomato plants, Cape Gooseberries and Peppers. I haven't cut the lawn as I'm afraid it will dry out if it's too short, under the Bramley tree it's nice and lush, probably thanks to all the bathwater. We've harvested courgettes, cucumbers, dwarf French beans, black currants, raspberries, gooseberries and rhubarb, there have been a lot of crumbles!

Colour in the garden is courtesy of Salvia, Antirrhinum, Helichrysum, Chamomile, Hyssop, Lavender, Poppies, Hollyhocks, Hemerocallis, Rudbeckia and Rose flowers, all keeping the bees and hoverflies happy.

**Hazel Copland**



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