

The. Story of Easter—Using the Labyrinth

Introduction

A labyrinth is different from a maze -it has only one pathway, has no dead ends and so it is impossible to get lost.

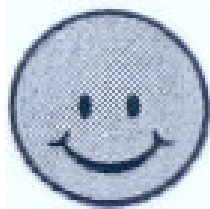
A labyrinth is a prayer and meditation aid. They have been used for thousands of years in different places to help people to forget the hassles of their everyday lives and draw close to God. The labyrinth also symbolises our journey to heaven. You will notice that there are times on the journey when you feel very near to the centre, and times when you think you will never get there or that you must have gone the wrong way. But as long as you stay on the path you will not go wrong.

Instructions

As you journey on the Labyrinth, there will be a series of **numbered** meditational/prayerful activities to do. Please take your time to reflect as you do them.

Simply follow the paths -don't cut corners! The stations are numbered so you will know if you have missed one!

There are family activities and adult ones. Those intended for children and families have this symbol on the cards:



At the end of the labyrinth, if you don't want to rush away, we have created a quiet area near the platform with Bibles so that you can be still before leaving.

If you have enjoyed the Labyrinth, please encourage others you know who might also enjoy it.